



Healthy relationships are violence-free.

A survey of high school students revealed:



9%

Had ever been
physically forced to
have sex



10%

Experienced sexual
violence



5%

Experienced sexual
dating violence



8%

Experienced
physical dating
violence

SOURCE: 2021 YRBS Data

Need Help? Here are Resources:

National Safe Place



Visit www.nationalsafeplace.org.
Text 'SAFE' and your location to
4HELP (44357) for immediate help.

WOAR—Philadelphia Center Against Sexual Violence



Call WOAR's Hotline at
215-985-3333 or visit [www.woar.org/
sexual-violence-hotline](http://www.woar.org/sexual-violence-hotline).

PASH

Promoting Adolescent
Student Health

pash@philasd.org

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THE SCHOOL DISTRICT OF
PHILADELPHIA

No shame, only support.

High school students identifying as **gay, lesbian and bisexual** reported struggling with mental health more than students identifying as heterosexual.

MENTAL HEALTH NOT GOOD



46%

Gay, Lesbian and
Bisexual



21%

Heterosexual

FEELING SAD OR HOPELESS



69%

Gay, Lesbian and
Bisexual



36%

Heterosexual

SOURCE: 2021 YRBS Data

Need Help? Here are Resources:



Kooth— Your online mental wellbeing community

Visit us.kooth.com/philasd



988 Suicide & Crisis Lifeline

Visit 988lifeline.org



School District Office of Prevention & Intervention

Visit www.philasd.org/prevention/

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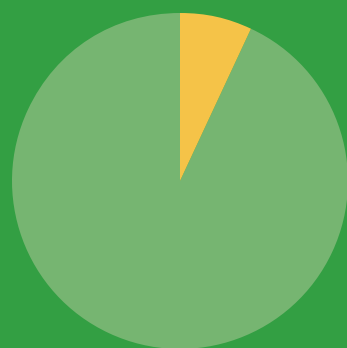
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PHILADELPHIA

Don't let vaping cloud your judgment

Use of electronic vapor products **more than doubled** among Philadelphia high school students from 2019 to 2021.



7%

2019 YRBS



17%

2021 YRBS

SOURCE: 2021 YRBS Data

Need Help? Here are Resources:

YRBS Resource Pages



Office of Prevention and Intervention



Visit www.philasd.org/prevention/

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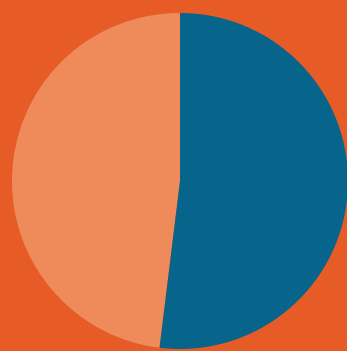
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Don't get caught without one



52%

About half of sexually active Philadelphia high school students reported not having used a condom the last time they had sex.

SOURCE: 2021 YRBS Data

Need Help? Here are Resources:

YRBS Resource Pages



The Department of Public Health



Family planning services, birth control supplies, and pregnancy options counseling at 8 City health centers. Visit www.phillykeeponloving.com

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THE SCHOOL DISTRICT OF
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Sleep is important for good mental health



84%

of students reported getting less than
8 hours of sleep in the average school night.

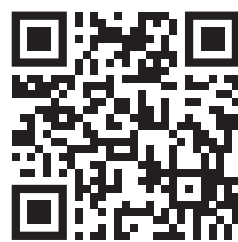
SOURCE: 2021 YRBS Data

Need Help? Here are Resources:

YRBS Resource Pages



National Health Sleep Awareness
Project



Visit [www.sleepeducation.org/
healthysleep](http://www.sleepeducation.org/healthysleep)

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THE SCHOOL DISTRICT OF
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Written words have power.

Almost twice as many female students reported experiencing electronic bullying than male students.



15%

Female



8%

Male

Almost twice as many gay, lesbian and bisexual students reported experiencing electronic bullying than heterosexual students.



17%

Gay, Lesbian and
Bisexual



9%

Heterosexual

SOURCE: 2021 YRBS Data

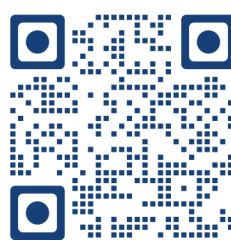
Need Help? Here are Resources:

National Safe Place



The Safe Place text line is a nationwide, text-for-support service for youth in crisis. For immediate help and safety—text “safe” and your current location (address, city, state) to 4HELP (44357).

YRBS Resource Pages



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